Nature • Naturopathy • Yogic Science

Sai Sindhu Medical College and Hospital of Naturopathy and Yogic Science

Alandurai, Coimbatore

B.N.Y.S. 4½-Year Syllabus

WITH SUBJECT / QUESTION PAPER CODES

ACADEMIC YEAR 2026 – 2027

Tamil Nadu Dr. M.G.R. Medical University

4½ years academic course + 1 year internship = 5½ years total

FIRST YEAR (12 Months)

18-MONTH SUBJECTS WITH EXAMINATION SPLIT

PART I – EXAMINATION AFTER 12 MONTHS (1 YEAR)

S. No.	Subject	Subject / Question Paper Code
1	Bio-Chemistry	821501
2	Philosophy & Practice of Yoga	821502

PART II – EXAMINATION AFTER 18 MONTHS (NEXT 6 MONTHS)

S. No.	Subject	Subject / Question Paper Code
1	Human Anatomy I	821503
2	Human Anatomy II	821504
3	Human Physiology I	821505
4	Human Physiology II	821506
5	Philosophy of Nature Cure I	821507
6	Philosophy of Nature Cure II	821508

SECOND YEAR (12 Months)

S. No.	Subject	Subject / Question Paper Code
1	Pathology I	821509
2	Pathology II	821510
3	Microbiology	821511
4	Yoga & Physical Culture I	821512
5	Diagnostic Methods in Naturopathy	821513
6	Diagnostic Methods in Modern Medicine	821514
7	Basic Pharmacology	821515

THIRD YEAR (12 Months)

S. No.	Subject	Subject / Question Paper Code
1	Forensic Medicine & Toxicology	821516
2	Community Medicine	821517
3	Psychology & Basic Psychiatry	821518
4	Obstetrics & Gynecology	821519
5	Yoga & Physical Culture II	821520
6	Nutrition & Herbology	821521
7	Massage, Chiropractic, Osteopathy & Aromatherapy	821522

FOURTH YEAR (12 Months)

S. No.	Subject	Subject / Question Paper Code
1	Yoga Therapy	821523
2	Hydrotherapy and Clay Therapy	821524
3	Fasting and Diet Therapy	821525
4	Chromoc Therapy and Magneto Therapy	821526
5	Physiotherapy	821527
6	Acupuncture, Acupressure, Reflexology, Reiki and Pranic Healing	821528
7	Minor Surgery, First Aid and Emergency Medicine	821529
8	Hospital Management	821530

INTERNSHIP (6 Months)

Internship Training (Hospital Posting, Community Posting, Clinical Practice, etc.)
(No separate subject code – as per university regulations)

Healthy Life • Natural Healing • A Brighter Future

(Subject / Question Paper Codes are as per previous university examination pattern.
Please confirm the 2026–2027 official syllabus and regulations from Tamil Nadu Dr. M.G.R. Medical University,